



Informed Consent & Terms

I am engaging in the counseling services of Francesco Vescio R.H.N PES to obtain guidance over my diet, nutrition, and lifestyle behaviours, which are in my own control, in order to support my own well being.

I understand that Francesco Vescio is a Registered Holistic Nutritionist and Performance Coach who educates and does **not** provide or dispense any medical advice nor provide medical treatment. He does provide educational tools and insights in regards to wellness and how it relates to foods, food derivatives, dietary supplements and lifestyle assessments. Nutritional, supplemental and botanical support can compliment medical care, however I understand that working with Francesco R.H.N PES is **not** a substitute for diagnosis, treatment, or care of disease by medical doctors or providers.

I understand the nutritional assessments, evaluation and testing provided by Francesco is not intended to diagnose disease. I also understand the interventions listed above are tools to help me develop health supporting lifestyle habits and to monitor any changes or progress being made. Also, I understand that the lab testing used is also not intended to diagnose or treat disease. Rather, it is a tool to help me to understand how to make more informed dietary choices in regards to my results. I recognize that these tests are not a substitute for medical testing and are **not** a substitute for diagnosis, treatment, or care of disease by medical doctors or providers.

I understand that Francesco Vescio R.H.N PES will keep client documents and notes to record our work together. These documents and notes will include topics we discuss, ailments the client is going through, prior intervention's used + new intervention's, treatment plans and any other dietary or lifestyle consideration's that may be helpful. These records will be stored in a secure locked location. These documents as well as any medical records, history, personal information and any other topics discussed within the session are strictly confidential unless I consent to sharing this information by way of signed release.

I acknowledge that I have read and understood this agreement in its entirety. I agree to hold Francesco Vescio R.H.N harmless for claims or damages in connection with our work together. This is a contract between Francesco Vescio R.H.N PES and myself and I also understand that it is a release of potential liability towards Francesco Vescio R.H.N PES.

I understand that Francesco Vescio R.H.N PES has a 48-hour cancellation policy, and I am aware that I will be charged a follow up fee of \$150.00 for a missed appointment without proper notice by phone or e-mail within 48 hours of the scheduled appointment. This holds true for Francesco as well. If he should ever have to cancel within 48 hours of the appointment, the follow up appointment will be free of charge.

I am aware that payment is required at the time of service by cash, cheque or major credit cards. Nutrition consulting services may be terminated at the discretion of Francesco Vescio R.H.N PES if written notification is provided to a client 30 days in advance of final appointment. This will include referrals to other practitioners.

Client or Guardians Signature

Date

Print Name